

Ayre Manor

November



Newsletter 2025

Gardener's poem:

The stripped and shapely
Maple grieves
The ghosts of her
Departed leaves.
The ground is wet,
Wet and overblown.
The year is old,
The birds are flown.
And yet the world,
In its distress,
Displays a certain
Loveliness.

November Birthdays:

Mable- November 14th (CC)
Penny. F- November 30th (CC)
Rick- November 30th (AL)

Joke of the month:

Why was the broom late to
work? *It over swept.*

Things happening in November:

November 1st- 30th “Movember”

November 2nd- Daylight saving

November 11th- Remembrance Day

November 29th- Ayre Manor Activities annual Christmas craft fair 10-2

Ayre manor's annual Christmas craft/ bake sale happening Saturday November 29th from 10-2 in AL lounge. There will be no Trivia with Henry that day.

November Entertainment:

November 4th- Music with Michael Majocha

November 6th- Music with Patrick

November 13th- Music with Shelley Vaags

November 14th- Accordion Music with Brain and Gail

November 18th- Music with Joan Songhurst

November 19th- Music with Steve Peabody

November 20th- Victor Wells

Movember:

Movember is a global charity that focuses on improving men's health by raising funds and awareness for prostate cancer, testicular cancer, Men's mental health, and suicide prevention. The charity is known for its annual campaign in November, which involves growing a mustache, walking or running, or engaging in other activities to support the cause. The word "Movember" is a blend of "Mo" a diminutive for mustache and "November".



What is the Movember campaign:

Growing a Mo: Men and their supports grow a mustache during November to symbolize their commitment to men's health, spark conversations and raise funds.
Move for Mental health: This involves running or walking 60 kilometers over the course of the month to remember the 60 men lost to suicide every hour globally.
Mo your own way: Participants can create their own challenges or events to raise money and awareness

Remembrance Day:

Ceremony and traditions:

Two minutes of silence: 11am on November 11th, Canadian observe two minutes of silence to reflect on and honor the sacrifices of those who served. This time corresponds to when hostilities ended in 1918

Wreath laying: Ceremonies feature the laying of wreaths at local war memorials and cenotaphs to commemorate the fallen.

Ceremony music: The ceremony often includes the bugle calls of "The Last post," "Which symbolizes death and "The Rouse," Which symbolizes awakening to a better world. The bagpipes lament may also be played.

Symbols: Red Poppy: The red poppy is the most recognized symbol of Remembrance Day inspired by the poppies that grow on the battlefields of Flanders during the First world war. The Royal Canadian legion has distributed poppies in exchange for donations with funds supporting veterans and their families since 1925. The Legion advises wearing the poppy on the left lapel, close to the heart, from the last Friday in October until the end of the day on November 11th.

